

#### PACKING LIST FOR A SAFARI IN TANZANIA

# 1) CLOTHING

ITEM	FUNCTION / COMMENT	QUANTITY	IN OUR LUGGAGE?	СНЕСК
Sports socks (thin)	Breathable, prevention of blistered feet (low cut)	4-5 pairs	Yes	
Underwear	Classic, depending on the duration of the safari	As required	Yes	
Short-sleeved T-shirts	Generally relevant; avoid cotton as it dries less easily	3	Yes	
Long-sleeved T-shirts	Occasionally relevant for protection against sunlight and mosquitoes; avoid cotton as it dries less easily	1-2	Yes	
Fleece jacket / -vest	Very much recommended to stay warm in the early morning or late evening hours	1	Yes	
Down jacket (thin) / Softshell	Comparable to fleece jacket / -vest, but offers more protection against moisture	1	Yes	
Trekking / Hiking pants (thin)	If possible, quick-drying and with zipper for detaching the legs	1	Yes	
Shorts	Due to the temperatures most of the time relevant	2	Yes	
Sweatpants (thin)	In the evenings in the camps or lodges and to sleep if necessary	1	Yes	
Rain cape or thin water- repellent clothing	Mainly relevant during the rainy season	1	Yes	
Hat / Cap	Thin, with sun protection	1	Yes	
Tennis or casual shoes	Two pairs can make sense if you expect wet feet from rain or heavy sweating	1-2 pairs	Yes	
Flipflops or sandals	Advisable to walk around in the camps or lodges	1 pair	Yes	

## 2) SAFARI GEAR

ITEM	FUNCTION / COMMENT	IN OUR LUGGAGE?	CHECK
Travel bag, rucksack or suitcase	Your choice, although we would recommend travel bags or backpacks due to their easier handling	Yes	
Daypack	Size of your choice to transport smaller items when you are outside the jeep, camp or lodge	Yes	
Rain cover	For the daypack to protect against rain and dust, was part of our backpack (but not a "must")	Yes	
Linen sleeping bag	Thin sleeping bag suitable for higher temperatures. We have used it as the "inner part" of the provided sleeping bag (not a "must"; it is best to check with your operator if it is included by default).	Yes	
Pillow (camping safaris only)	Highly recommended, as not all operators provide pillows and pillows made of clothes are only of limited use.	Yes	
Headlamp (camping safaris only)	For the time after sunset in the camps	Yes	
(Small) Flashlight / Torch	For the time after sunset in the camps and possibly also relevant in the lodges for observing animals at night	Yes	
Sunglasses	Should be of good quality	Yes	
Alarm clock	For the daily routine, respectively also component of a smartphone	Yes (as part of our smart- phones)	
Binoculars		No	
Camera	Incl. enough memory for photos and videos	Yes (as part of our smart- phones)	
Batteries	As required for camera, headlamp etc.	No (no need)	
Plastic bags / Garbage bags	For worn clothes and litter	Yes	

Resealable bags / Sachets	For toiletries and other small items	Yes	
Padlock	To secure bags / backpacks	No (depending on personal assessment)	

# 3) FIRST-AID KIT

ITEM	FUNCTION / COMMENT	QUANTITY	IN OUR LUGGAGE?	CHECK
Insect repellent spray	Against mosquitos or other insects; against insect bites you can use e.g. Soventol	1	Yes	
Painkillers	Should be once with and once without antipyretic effect (e.g. paracetamol)	1 pack	Yes	
Antibiotics	Broadband if possible	1 pack	Yes	
Antiallergic	In any case advisable, if you, for instance, react allergic to food (e.g. Cetirizine)	1 pack	Yes	
Gastrointestinal tract	One product against stomach cramps (e.g. Buscopan) and one product against diarrhea (e.g. charcoal tablets)	1 pack each	Yes	
Malaria pills	As standby medication to be taken orally if required (e.g. Malarone)	1 pack	Yes	
Band-aids for blisters		1	Yes	

#### 4) COSMETICS & TOILETRIES

ITEM	FUNCTION / COMMENT	QUANTITY	IN OUR LUGGAGE?	CHECK
Toothbrush		1	Yes	
Toothpaste		1	Yes	

Facial moisturizer		1	Yes	
Hand lotion		1	Yes	
Deodorant		1	Yes	
Razor	As required	1	No (not needed)	
Shampoo Shower Gel		1	Yes	
Wet wipes	Especially for camping safaris	min. 10 wipes	Yes	
Disinfectant tissues	Especially for camping safaris; As required, can complement wet wipes and disinfectant gel	min. 10 tissues	Yes	
Disinfectant gel for the hands		1	Yes	
Handkerchiefs		1	Yes	
Earplugs	Especially for camping safaris	1 pair	Yes	
Sleeping mask	Especially for camping safaris	1	Yes	
Cotton buds	For example Q-Tips	As required	Yes	
Small and large towel	For drying the face, hands etc.; should be fast drying (large towel only for camping safaris)	1	Yes	
Sunscreen	With a high protection factor	1	Yes	
Lip balm with sun protection	If possible, with a high protection factor	1	No (we covered the lips with sunscreen also)	
Toiletries bag	Ideally with a noose to hang up	1	Yes	

## 5) DOCUMENTS

ITEM	FUNCTION / COMMENT	QUANTITY	IN OUR LUGGAGE?	CHECK
Vaccination certificate	To present in case of asked for when entering Tanzania (we did not need it)	1	Yes	
Passport	Absolutely!	1	Yes	
Passport photos	You can take some to be on the safe side, but they are not required	1-2	No	
Insurance certificate	Health insurance or other	As required	Yes	
Tickets	For flights, bookings etc.	As required	Yes	
Credit card		As required	Yes	
Cash	At the beginning, we only had USD with us, and later withdrew Tanzanian Shillings at the ATMs; take sufficient cash for tips	As required	Yes	
Envelope	E.g. for safekeeping and distribution of tips	min. 1	Yes	
Visa	To be carried along in case you have organized it before departure; otherwise the process of a visa application on- site is uncomplicated (visa on arrival)	As required	Yes	
Telephone numbers / Addresses	Also emergency numbers / contacts	As required	Yes	